Spiritual Walking Tour in Küsnacht



We are invited to walk through the landscape of Küsnacht meeting its legends and power places, history and prehistory. We will find the fundament of a chapel dedicated to saint Anne, the mother of virgin Mary, connected with the Egyptian goddess Isis and snails shells, meet a dragon's hole and its special treatment by virgin Mary, a local children's stone where the midwives took the newborn babies and finally see a piece of a fresco which shows us the head of Saint Christophorus who carries the Christ child through the river and therefore the whole world on his shoulders, just near the building of the C. C. Jung- Institute Zurich-Küsnacht. We start in the wood and then walk through the Küsnachter Tobel (ravine of Küsnacht) and end at the "Bootshaus" nearby the Institute. We honor the places by telling their stories, performing little rituals, produce little artwork and experience the symbols. So we connect ourself more deeply with the landscape where Jung lived and worked.

Meeting time: Saturday, 23 August 2025 at the station "Stadelhofen": 12.10 near Pretzel king.

The train to Küsnacht leaves at 12.18 on track 2 (it is a nine-minute ride to Küsnacht). We will then take the bus in Küsnacht, so please bring some money for the train and the bus. We will be back in Küsnacht at 18.00. Every 15 minutes a train leaves back to Stadelhofen. In addition, please bring clothes against the rain and wind, as well as good shoes.



Maria Anna Bernasconi

Jungian Analyst since 2004, training and supervision analyst at ISAP. Lecturer and seminar leader at ISAPZurich and elsewhere: Belgrade, Vilnius, Syracusa, Kyoto, Santa Barbara; some publications in English and German. Working as a psychotherapist in private practice, besides of that working as an artist (visual art, poetry). Additional training in Christian contemplation, Vipassana meditation, intermodal expressive arts, many years of Active Imagination in groups

Costs: 10.00 CHF (excluding the bus and train tickets)

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Max. Teilnehmerzahl: 20 persons /tour

Pictures: *snail* + *dragon*: Maria Anna Bernasconi, *Alexanderstein*: zhaw.ch: Der Alexanderstein – ein Biotop für seltene Pflanzen, Küsnachter Nr. 33, 13. August 2020, *Fresco St. Christopher*: Wikipedia: Zehntentrotte Küsnacht